

Department of Sanskrit Govt. Degree College Nowshera ACTIVITIES CONDUCTED

Department of Sanskrit has organized the following activities for the session 2020-21 :-

1) Online Lecture on “Basant Ritu ka Sanskritik Evam Samajik Mahatav” on 6th fev 2021:

Government Degree College Nowshera
Department of Sanskrit
Organising an online lecture on
"बसन्त ऋतु का सांस्कृतिक एवं सामाजिक महत्व"
Join us at
GOOGLE MEET
Timing 12:00 noon
Resource Person
Prof. Ram Bahadur Shukla
HOD Sanskrit, University of Jammu



Chief Patron
Dr. Surinder Kumar
Principal GDC Nowshera




Resource Person
Prof. Ram Bahadur Shukla
HOD Sanskrit Univ. Of Jammu



Organiser
Dr. Gourav Sharma
HOD Sanskrit, GDC Nowshera

Venue: 6th of February 2021
From 12 noon onwards

Meeting link:-
<https://meet.google.com/etd-trby-ggb>

**OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)**
E-mail: gdcnowshera@gmail.com,
Tel. Phone/Fax 01960-230323, Mob. 94192-56701

No. DCN/20/ 5080
Dated:-08/02/2021

Press Release

The Department of Sanskrit Govt. Degree College Nowshera, organized an online Lecture on 06-02-2021 on the topic “ Basant Ritu Ka Sanskrit Evam Samajik Mahatev”.

The Department of Sanskrit Govt. Degree College Nowshera, organized an online Lecture on 06-02-2021 on the topic “Basant Ritu Ka Sanskrit Evam Samajik Mahatev” in which the cultural and the social significance of spring season was discussed by Prof. Ram Bahadur Shukla, Head of the Sanskrit Deptt. University of Jammu. Prof. Shukla who was the resource person of the event threw light on the said topic in a very vivid manner. A large number of students and faculty members attended the lecture with great enthusiasm and zeal. The Platform of Google Meet was used for the depiction of the spring season in the Sanskrit Literature. He discussed its importance, Holy Scripture like ‘the Bhagvad Gita’ Vedas and Upnishadas. Various poets have projected spring season in a very vivid manner in their words. The whole event was organized by Dr. Gourav Sharma, Lect. HOD of Sanskrit under the guidance of the esteemed Principal of the college Dr. Surinder Kumar. Dr. Rajni Devi, Lect. in Sociology concluded the event by a formal vote of thanks. The Department of Sanskrit is looking forward to organize such kinds of valuable events in the future also.

Sd/-
(Dr. Surinder Kumar)
Principal

realme Shot by drgourav
2021/06/04 13:11

2. Essay Writing Competition on 22 feb , 2021.

राजकीय महाविद्यालय, नौशहरा

संस्कृत विभागः

मातृभाषादिवस्य उपलक्ष्ये निबन्ध प्रतियोगिता: आयोजितः

विषयः- "संस्कृत भाषायाः राष्ट्रीय एवं क्षेत्रीय भाषासु योगदानम्"

दिनांक 22-02-2021

दिनम्:- सोमवार

समय:- 1:00 मध्याह्न



अध्यक्ष
डॉ. सुरिंदर कुमार
प्राचार्य जी डी सी, नौशहरा

स्थानम्- राजकीय महाविद्यालय, नौशहरा



अध्यक्षकः
डॉ. गौरव शर्मा
अध्यक्ष संस्कृत विभाग,
जी डी सी, नौशहरा

GDC Nowshera organises essay writing competition

■ STATE TIMES NEWS

NEWSHERA: On the eve of 'Matri Bhasha Divas' the Department of Sanskrit and the Department of Hindi of GDC Nowshera organised essay writing competition on the topic 'Sanskrit Bhasha Ka Rashtriya Evam Krhetriya Bhashao mein Yogdaan and Matri Bhasha Ke Roop Mein Hindi' in collaboration with IQAC on Tuesday. The main purpose of the event was to aware the students about the importance of Hindi as Mother tongue and the significant of Sanskrit language in National and Regional languages. A large number of students participated in the essay writing competition where they wrote their manuscripts and expressed their views.

The competition was organized by Prof. Davinder Sharma (HOD) Deptt. of Hindi and Dr. Gourav Sharma, Deptt. of Sanskrit

under the supervision and guidance of the worthy Principal of the College Dr. Surinder Kumar to encourage and appreciate the students both the departments awarded the best manuscripts of the students and distributed prizes among them. Miss Sonali Bhardwaj of B.A Sem.Vth , Arti Choudhary B.A Sem. Ist and Shiksha Choudhary of Sem.-I received Ist , 2nd & 3rd prize respectively in Hindi essay writing competition and Miss Arshmani Sharma of Sem.-IIIrd, Taniya Sharma of Sem.-I and Karuna Sharma of Sem.-II got Ist , 2nd and 3rd prize in Sanskrit essay writing competition. The whole event was very informative. The department of Hindi and Sanskrit are really looking forward to organize such kinds of events in the coming future which will help the students in an immense way.

3. An Online Lecture on 25th MAY 2021.



Government Degree College Nowshera

Department of Sanskrit

Organising an online lecture

Under the aegis of "Azadi ka Amrut Mahotsav" on the topic
"चंद्र ग्रहण - शास्त्रीय एवं सामाजिक दृष्टिकोण"

Join us at
GOOGLE MEET
Timing 11:00am
Resource Person

Mr. Arun Sharma (Jyotishacharya)



Chief Patron
Dr. Surinder Kumar
Principal GDC Nowshera



Resource Person
Acharya Arun Sharma
Shri Mata Vaishno devi Gurukul, Katra



Organiser
Dr. Gourav Sharma
HOD Sanskrit, GDC Nowshera


Timing : 25 of May 2021
From 11:00 am onwards

Meeting link:-
<https://meet.google.com/vht-bdmh-xog>

4. Celebrate “International yoga day” 2021

**GOVT DEGREE COLLEGE
NOWSHERA**

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
IN COLLABORATION WITH THE DEPARTMENT OF SANSKRIT
UNDER THE BANNER OF IQAC
**IS ORGANISING AN ONLINE YOGA SESSION FOR COLLEGE FACULTY AND
STUDENTS TO CELEBRATE "INTERNATIONAL YOGA DAY 2021"
ON 21 JUNE 2021**



**PATRON
DR. SURINDER KUMAR
PRINCIPAL**

**DR. GOURAV SHARMA
(YOGA INSTRUCTOR)
HOD, DEPT. OF SANSKRIT
(GDC NOWSHERA)**

**DATE AND TIME:
6.30 AM TO 7.00 AM
21 JUNE 2021**

**PARTICIPATION LINK
meet.google.com/eag-matf-rtu**

**PROF. JOGINDER SINGH
COORDINATOR, IQAC**

**DR. AKHIL KHAJURIA
PROGRAMME COORDINATOR**

GDC Nowshera organized a series of events

**SAHIL CHOUDHARY
NOWSHERA, JUNE 21:**

Department of Physical Education and Sports in collaboration with NCC Unit of Govt. Degree College, Nowshera under the aegis of IQAC organized TWO DAYS YOGA WORKSHOP through virtual mode TO CELEBRATE "INTERNATIONAL DAY OF YOGA, 2021" on 20- 21 June, 2021.

A Large number of faculty Members and students of different Colleges and Universities participated in the two days workshop. Shri. Ravi Chander, Yog Expert, certified from Patanjali yog peeth, Haridwar, was the Resource person. The work-



shop was aimed to celebrate the international day of Yoga 2021 and to promote yoga for healthy living.

On day 2nd, of two days workshop, the session started with welcome address by Dr. Surinder Kumar, principal of the college. He said that the aim of organizing this workshop is to acknowledge the students and the faculty about the importance and benefits of yoga for their health. He also added that it's important to practice yoga daily to

attain peace of mind and to release mental stress.

The resource person, Shri Ravi Chander ji demonstrated yog practices as per yog protocol of international day of yoga 2021 which includes prayer, asanas, pranayam and delivered a lecture on the role and importance of yoga. Dr. Ayushi Sharma also assisted and gave a briefing about yoga in the session.

A yoga session was also organized by Department of Physical Education and

Sports in Collaboration with Department of Sanskrit for both Faculty members and students. A detailed demonstration of various yogasanas like padmasana, tadasana, vrikshasana, surya namaskar and many other poses was made by Dr. Gourav Sharma, HOD Sanskrit of the college.

The Event was organized under the patronage of Dr. Surinder Kumar, Principal of the college and under the supervision of Prof. Joginder Singh, Coordinator IQAC GDC Nowshera, Dr. Akhil Khajuria, HOD Physical Education and Sports was the Programme Coordinator.

